

Anjirob 1 Day hike



TRIP OVERVIEW

Style: Homestay-based day hike

Difficulty: Level 3

Location: Shamshiddin Shohin region, Tajikistan

Distance: 16km / 10 mi

PRICES:

\$65 per person.

Price includes – dinner, overnight stay at a homestay with breakfast, guided tour and a lunch.

Close

HIGHLIGHTS:

Wildlife watching, pistachio forests, small waterfalls, beautiful canyons, possibility of bathing in the river

GEAR NEEDED:

Good hiking shoes, sun cream, sunglasses, sandals, bathing suit, and a hat.

DESCRIPTION:

The typical hike starts from the village of Anjirob heading towards the village of Yol with the elevation of 900masl. The first 4-5km of the hike is on flat surface until hikers reach the bottom of the hill. The trail on the first hill goes up to a lookout point at 1781masl. From the lookout, hikers can enjoy a view of the mountains of Afghanistan. This panoramic view is the perfect spot for hikers to watch for wildlife and have lunch. The trail then continues downhill through a pistachio forest to a river and waterfall. Hikers climb down the waterfall with the help of a ladder and continue their hike back to the village of Anjirob. Some parts of the hike can be adjusted to the needs of the hikers.

What's Included

- All meals are included from breakfast, lunch and dinner. Snacks are also provided.
- Professional and knowledgeable guides will lead the hikes.
- Emergency equipment including a first-aid kit and satellite phone.

Meals: What To Expect

Most of our hikes include a variety of meals to nourish our bodies with enough carbohydrates, proteins and fats. We usually have pasta, rice, sausages, cheese, oatmeal, canned

lentils and beans, sugar and bread. We also carry fresh vegetables and can easily accommodate vegetarians.

Additionally, we have snacks such as dried fruits, fresh fruits, chocolate bars, and each break will include hot coffee and tea. We can accommodate people with special dietary needs.

What's Not Included?

- Clothes, raingear, and footwear
- Sunscreen, toiletries and personal items
- Water bottles and a headlamp or flashlight

What Gear To Bring

- Water bottles
- Headlamp or flashlight
- Sunscreen,
- Toiletries
- Warm clothing
- Hiking poles

What Clothes To Bring

We will email you what kind of gear to bring depending on the season. Summers are usually warm in central Tajikistan; however, if you were going up to higher altitudes (above 2500m / 8200ft) you will need warmer clothing, including a sweater and windproof jacket.

Where to meet us?

The tours listed under conservancy tours category are designed for travelers who are arranging most of their travels by themselves throughout their journey in Tajikistan, this may be travelers who are already in Tajikistan, expats or visitors who are travelling with their own cars. You can book these conservancy tours as an additional detour while visiting Tajikistan. The meeting point of conservancy tours are the starting point of the respective tour which is usually a

village. You will get to the starting point – a respective village by yourself. Let us know if you need help with the transportation.

Directions:

Please refer to a map section of the tour information for directions to the starting point of the tour. If you are travelling with your own car, we can send you a detailed guidance on how to get to the starting point of the tour. Once in the conservancy, local guides and rangers will take care of the rest.

Equipment

Most of our conservancies have camps within their territories which are used for overnight by rangers and tourists. If the trip includes camping, conservancies will provide tents only. If you don't have sleeping bags and mattresses, you should tell us and book additionally, so we could deliver them to the conservancy before your tour starts. Other equipment, like primus for cooking, and utensils will be provided by the respective conservancy in the tour.

Safety Considerations:

Your safety is our top priority. Only trained guides and experienced rangers will accompany you during your hike. All of our rangers and guides are local from the nearby villages, of the respective conservancy. All guides are trained to offer first aid and always carry necessary first aid kit.